

DNA TRAINING – PART I

01. Freedom in the Gospel

The Good news of the gospel – It saves and transforms

ISAIAH 61:1 (ESV) The Spirit of the Lord GOD is upon me, because the LORD has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound;

ROMANS 1:5-6 (ESV) 16 For I am not ashamed of the gospel, *for it is the power of God for salvation* to everyone who believes, to the Jew first and also to the Greek. 17 For in it the righteousness of God is revealed from faith for faith, as it is written, “*The righteous shall live by faith.*”

PHILIPPIANS 1:5-6 (ESV) 3 I thank my God in all my remembrance of you, 4 always in every prayer of mine for you all making my prayer with joy, 5 because of your partnership in the gospel from the first day until now. 6 *And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.* 7 It is right for me to feel this way about you all, because I hold you in my heart, for you are all partakers with me of grace, both in my imprisonment and in the defense and confirmation of the gospel.

The power of the gospel to free us from the power of sin

II CORINTHIANS 10:3-5 (ESV) 3 For though we walk in the flesh, we are not waging war according to the flesh. 4 For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds. 5 We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ,

ROMANS 8:1-2 (ESV) 1 There is therefore now no condemnation for those who are in Christ Jesus. 2 For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.

JOHN 8:32 (ESV) And you will know the truth and the truth will set you free

Stories of freedom

GALATIANS 1:11-24 – Saul to Paul

PHILEMON 1:6-16 - Useless to Useful

GALATIANS 2:11-14 – Simon to Peter

02. Freedom Together

Freedom – “Together in the Gospel”

There is freedom in the work of Christ Jesus from the punishment of our sin (salvation).

There is freedom in the work of Christ Jesus from the power of our sin (transformation).

BUT ...

God seems to facilitate our apprehending of this freedom through His body. (church)

Community Groups

Life together in the gospel and for the gospel happens best in small groups of believer.

- Gather – *life together*
- Grow – *in the gospel*
- Go – *for the gospel*

DNA Groups

Life up close in the gospel – happens best with a few of the same gender.

DNA Groups are:

- 3-4 people,
- from the same CG (*not always but preferred*),
- who process the scripture through the lens of the gospel (*Christ’s finished work*) and apply to the their lives for the purpose of transformation.

Purpose of DNA Groups

To make disciples is the purpose of these groups that are being transformed by the gospel so they can live transforming lives that help others become disciples.

How DNA Groups Work

Time?

- These groups meet for 1 ½ to 2 hours. *You will need all this time to accomplish the purpose.*

What happens during this time?

- There is a DNA process (Discover, Nurture, Act) that group will help each person walk through.
- There really is not much time for anything else – so once everyone is there: pray and get started.

The DNA Process *(See DNA Process Sheet)*

- **Discover**

- **Nurture**

- **Act**

Practical steps to help the group function more effectively:

1) Come with the first column done.

This will help the scripture and the Spirit start working in your heart before you get to your group. It will stir the conversation quicker. Finally, it will allow for more time to get to the end goal.

2) Understand the end goal – how does the finished work of Christ speak to my sin, my temptation, the lies in my head and help me live in the truth and love of the finished work of Christ.

We want the cross to specifically and tangibly move us from this wrong thought, attitude, action – toward the beauty and truth of Jesus and his finished work. Get specific.

3) Don't come into the group talking about anyone else but you.

This time is to let God reveal your sin and the beauty and power of Christ in you. It is not a time to hammer on your husband, your wife, your kids, your friends, your parents, etc.

4) Ask a lot of question when getting to the nurture and apply parts.

Question and let God do most of the revealing. You can affirm and even bring stuff to bear. More questions than telling are the key if others are to hear from the Holy Spirit and start seeing the gospel in the scripture. *Questions help keep this from being a counseling session, preaching, or opinions.*

Practice for next session:

Do the "Discover" part for these two passages:

- **JAMES 2:1-4**
- **JAMES 2:8-13**